MISSION STATEMENT
Parkes Public School strives for excellence in the education of responsible and respectful students in a safe learning community.

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P&C ASSOCIATION
President
Jason Kennedy: 0419 692 744
Secretary
Keri MacGregor: 6863 1155
Treasurer
Vivienne King: 6863 5168

SCHOOL COUNCIL
President
David Bicket: 6862 3608

Congratulations to our newly inducted Junior AECG representatives Samantha Riley, Rebecca Kearney and Caitlin Herft.

Congratulations to Kendra Dunn on achieving a School Merit Badge!

P&C NEWS
Our AGM was held last night and it was a delight to welcome new families to our P&C.

Congratulations to the newly elected executive:
President                Jason Kennedy
Vice Presidents         Andrew McIntyre and Helen Longhurst
Secretary               Keri MacGregor
Treasurer               Vivienne King
School Council Reps     Joshua Parkin, Andrew McIntyre and Jason Kennedy

A huge thank you to Denis Howard, who stepped down from the Presidency, due to work commitments, for his leadership during 2015!

KIDS ARK - EAST TIMOR
For many years, our school has sponsored an orphanage and preschool, Kids Ark in East Timor. This facility was established to care for many children who were orphaned in the civil war in East Timor. The school has now grown to accommodate nearly 300 students and there are now students in primary and secondary years. Day students now also attend Kids Ark. Kids Ark is sponsored by local churches in Parkes as well as Youth With a Mission.

We have become a bit slack over the last few years with our giving.

As Kids Ark is our major charity that we commit to and teaches the students to care about others less fortunate than ourselves we ask that we all make a greater effort to bring some loose change on Mondays. Each Monday we collect donations for Kids Ark. Five cents per week is all that is needed as every little bit helps.
ABORIGINAL EDUCATION CONSULTATIVE GROUP (AECG) MEETINGS
Any persons interested in the education of children (with an emphasis on Aboriginal children) are welcome to attend the Parkes community AECG meetings. All schools in Parkes are represented at the meetings. Separate junior and senior meetings are held once per term. Students from every school in Parkes participate in the junior AECG meetings along with their Aboriginal language teachers and principals.

The next junior meeting will be held on Tuesday, 23 February from 9.30-10.30am at Holy Family School.

The senior meeting will be held on Wednesday, 24 February from 9.30-10.30am at Holy Family School.

All junior and senior meetings will be held on separate days this year.

THANK YOU PARKES QUOTA CLUB!!
Last Thursday representatives from Parkes Quota Club visited our school to present us with five sound field systems. We are so blessed to have such a generous group of ladies involved in Quota Club. The sound field systems make a huge difference to all students but particularly those with hearing loss. All children suffer from hearing loss at some stage due to colds and allergies. The sound field systems help the students to hear the teacher speaking whilst blocking out a lot of background classroom noise. We already have a number of sound field systems in the school and the teachers and students who have them in their rooms comment on the advantages they provide.

Thank you, Quota!

K-2 WEEK 4 INFANTS ASSEMBLY
1B will be presenting a brief rhyme at the Infants assembly tomorrow Wednesday, 17 February. Parents, relatives and caregivers are welcome to attend.

Thank you, Miss Bowkett

UNIFORM SHOP
The uniform shop will be closed this Friday, 19 February. It will open as normal on Wednesday from 8.45-10.00am. Apologies for any inconvenience.

Mandy Whitaker

FIXED PLAYGROUND EQUIPMENT
Please note the fixed playground equipment is out of bounds unless a staff member is present to supervise children. This is a WH&S issue for our school and we ask that parents do not allow their children to play on the equipment after school or during assemblies. Thank you for your understanding.

PARENTING IDEAS
Our school subscribes to Michael Grose’s ‘Parenting Ideas’. This is a website which contains many articles and a regular magazine about parenting tips. Parkes Public School parents have free access to this website as part of our subscription. The website can be found at www.parentingideas.com.au Our school username is parkesps and our password is 2870.

LATE ARRIVAL/ EARLY DEPARTURE
Parents, please remember that you must attend the front office to sign your child into school (and obtain a pass to give to the child’s teacher) if they arrive late to school.

Students leaving school early or to attend appointments must also be signed out at the front office.
My congratulations to the prefects, house captains and AECG representatives who were inducted last week. I am proud of you all and thank you for taking on these leadership roles!

This week I am going to share some thoughts from Michael Grose’s article, ‘Help Your Child Achieve’. There is no doubt the best outcomes for children occur when parents and teachers work together to support children’s learning. Michael Grose outlines ten ways parents can work with teachers to maximise your child’s chances of school success.

♦ Know what your child’s teacher is trying to achieve. Get to know your child’s teacher and their approach and aspirations for your child’s class.

♦ Keep your expectations reasonable and positive. Ensure your aspirations are in line with your child’s ability and interests. Be realistic about what schools can deliver.

♦ Support your teacher’s expectations and activities at home. Take an interest in homework and guidelines laid out by teachers.

♦ Send your child to school ready to learn and on time. Maximise your child’s chances of success by sending them to school in a good frame of mind, with plenty of sleep and a good breakfast. Also make sure they are on time. It’s estimated that many children miss up to two weeks of school a year when they are routinely late by just five minutes per day.

♦ Inform teachers of your child’s challenges and changes. Life is not always smooth sailing. Circumstances alter. Changes affect learning. Make sure you keep teachers up to date with significant changes or difficulties your child experiences so that the teacher can accommodate your child’s needs.

♦ Skill children to work with others.

♦ Respectfully seek joint solutions to problems and difficulties. Resist the temptation to solve all your children’s problems or think you have the only solution.

♦ Participate fully in class and school activities. Research points to a correlation between parent involvement and educational success. 

♦ Trust your child’s teachers’ knowledge, professionalism and experience.

♦ Talk up what happens at school. If you want your child to value learning and enjoy school, make sure he/she hears positive messages about learning, teachers and the school itself, from you.

I encourage everyone to visit the Parenting Ideas website. It has some very valuable and helpful information.

Mrs Lickess and I will be travelling to Dubbo on Wednesday to participate in an Early Action for Success workshop.

Best wishes to everyone swimming at Condobolin on Friday!

Have a happy week, everyone!

Mrs Breaden

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**DATES FOR YOUR DIARY**

Thursday, 18 February .......... Rugby Union-League Trials
Friday, 19 February .......... Lachlan Swimming Carnival
Tuesday, 23 February .......... AECG Junior Meeting
Wednesday, 24 February .......... Canteen ‘Red’ Day
                                AECG Senior Meeting
Friday, 26 February .......... Lachlan Cricket Trials
Friday, 4 March .......... Western Swimming Carnival
Friday, 11 March .......... Just 4 Kids Charity Event
Tuesday, 15 March .......... School Photos
Wednesday, 16 March .......... School Photos
Monday, 21 March .......... P&C Meeting - 7.30pm

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**DON’T FORGET**

**Uniform Shop**
Closed on Friday, 19 February

**Canteen ‘Red Day’**
Wednesday, 24 February
Ice cream cones at lunchtime
$2.00 each

**Primary Assembly**
Friday, 26 February
CONGRATULATIONS to the following students who gained a:

White Merit Certificate
- Izabella Terrill 2E
- Beau Longhurst 1B
- Memphis Ross 1B
- Xander Greef 2E
- Noah Tillman 1L
- Charlie Strickland 4R
- Ethan Hunt 4R

K-2 LITERACY AWARDS
The children who received the literacy awards and capes at the Infants Assembly were:

- Kindergarten
  - Sienna Hunt
  - Harry Yelland
- Year 2
  - Izabella Terrill
  - Samuel Westcott

Student of the Week

Name: Leela Elliott
Age: 11
Class: 6W
Teacher: Mrs Woolstencroft

Teacher comments: Leela is a quiet student who always tries her hardest. She works well with others and is a pleasure to teach.

Favourite activities: Art and reading.

What career interests you? I would like to be a veterinarian at a zoo or a zoo keeper.

Value of the Week

Consideration
What is Consideration?
Consideration is being thoughtful about other people and their feelings. It is thinking about how your actions affect them and caring about how they feel. It is paying attention to what other people like and don't like, and doing things that give them happiness.

Why Practise Consideration?
When people behave selfishly and don’t practise consideration, other people feel hurt. If we play music too loud, or forget someone’s birthday, or leave things around so people can trip on them, we are being inconsiderate. When we are considerate, others know they are important to us. We bring them happiness, and they feel like making us happy too.
HPLC Musical

For those families who are new to our school, Parkes Public School is a member of the Henry Parkes Learning Community (HPLC) along with Parkes East Public School, Middleton Public School and Parkes High School. Where appropriate we participate in combined activities such as professional learning, community events and we share resources to enhance opportunities for our students. The principals meet regularly to support one another and to share our expertise and resources.

In Term 2, students from Years 5 to 12 from the four schools will combine to produce the musical, ‘Young Hercules’. 

Mr Ostler (Parkes East) and Mrs Richter (Parkes High) will be directing the musical.

Auditions for the musical will be held on Monday, 29 February and Thursday, 3 March at Parkes High School assembly hall from 3.30pm. Practice details are on the permission note which is available from the school office. This note must be taken to the auditions.

The musical performances will be held in Term 2, Week 1 with matinees on the Monday, 2 and Tuesday, 3 May and evening performances on Wednesday, 4 and Friday, 6 May.

Obviously students wishing to audition for a role would be expected to attend all practices and all performances. Commitment by parents and students will be considerable but it will also be a wonderful experience for the students involved!

School Banking News

Welcome to all our new students here at Parkes Public School and welcome back to all our existing students!! School Banking has started again for 2016 and participating students are already earning more tokens towards school banking rewards. There are some great new rewards on offer this year.

In Week 2 all students in Kindergarten to Year 5 received an information pack regarding our School Banking Program with the Commonwealth Bank. It includes a sheet of new redemption coupons, giving details of the new rewards and when they are available. For students already participating in school banking make sure you put your reward coupons in your banking wallet ready for when you have 10 silver tokens and can then claim your reward! For Year 6 classes, all students who already participate in school banking will receive a sheet of new reward coupons when they next bank.

For students who would like to join the school banking program, the pack includes all the information you need to get started. If students have an existing Commonwealth Bank Youth Saver account and would like to join school banking, simply send your deposit book, filled in with your money to school on Wednesdays. We look forward to more students joining this great program!!

Each Wednesday is school banking day and deposits, secured in the student’s yellow Dollarmites deposit wallet with deposit slip filled in, should be placed into the lunch order bin upon arrival at school for collection.

School banking is also a great fundraiser for our school. The school P&C receives $5.00 when students make their first deposit at school and 5% commission on every deposit made through the School Banking Program.

If you have any questions, please contact us on either 0419 161 190 (Cindy) or 0408 966 107 (Kristen). Thank you for supporting our school and teaching your child good savings skills.

Cindy and Kristen,
School Banking Co-ordinators
Swimming Carnival
On Friday, 5 February Parkes Public School held the swimming carnival for 2016. It was great to see an increase in participation from many of our primary students this year.

We are especially thankful for all the parent assistance on the day with timekeeping.

Congratulations to the following students who are our age, junior and senior champions this year.

Age Champions:
- 8 yrs girl: Matayah Guy
- 9 yrs girl: Lucy Hall
- 10 yrs girl: Zoe Anderson
- 11 yrs girl: Meg Turner
- 12 yrs girl: Jordan Moody
- 8 yrs boy: Ewan Moody
- 9 yrs boy: Angus Johns and Joel MacGregor
- 10 yrs boy: Gabriel Goodrick
- 11 yrs boy: Liam Moody
- 12 yrs boy: Jake Barnes

Junior Girl Champion: Zoe Anderson
Junior Boy Champion: Ewan Moody
Senior Girl Champion: Meg Turner
Senior Boy Champion: Liam Moody

Winning House:
- Wentworth

Spirit Cup:
- Blaxland

Lachlan Swimming Carnival
Best wishes to the following students who will be representing our school at the Lachlan Swimming Carnival in Condobolin this Friday:

Students from Forbes, Parkes, Condobolin, Eugowra, Bogan Gate and Bedgerabong participate in Lachlan carnivals.

Mrs Dolbel and Mr Smith will be accompanying our students.

Primary Sport - Term 1
Swimming begins this week, Friday, 19 February, for all primary students and will continue for five weeks. All students will need swimmers, towel, and recess. **The cost is $10.00 for pool entry OR a season ticket number and is to be given to the class teacher.**

All students are expected to participate in swimming lessons. If your child is unable to participate due to illness, please send a note into the class teacher.

Girls’ Netball
The second and final girls’ netball trial for the 2016 Parkes Public team will be held on Thursday, 18 February from 3.15-4.00pm. Students are to come prepared with suitable clothing, a hat and drink bottle. We will meet under the primary COLA.

Interested students were invited to the first trial, which was held today (Tuesday, 16 February) at lunch time.

Please remember that students will have to have attended at least one of the two trials to be considered for the team.

Thank you, Mrs Dolbel and Miss Bowkett

Parkes Public School PSSA Cricket Team Trials
Trials for the cricket team will be held this Wednesday, 17 February and Thursday, 18 February.

**Time:** 4.00pm-5.30pm

**Venue:** Woodward Park nets (near the tennis courts)

**What to bring:** Own cricket gear, hat and a drink.

The team will be announced on Friday, 19 February. Each child will receive a note to inform them if they were successful or not.

All children 8 years of age and older are eligible to trial for selection.

*Mrs Judy Shore*

Coach: Clinton Hawke
Manager: Cathy Pearsall
Volunteer Award

The Award has separate categories for Open and Youth (25 years and under) to recognise the importance of all aged volunteers in grassroots sport.

In 150 words or less tell us how your volunteer is worthy of being nominated.

All nominees will receive a certificate, with the winner and runner up being awarded $250 and $100 (respectively) to spend on approved sports development programs.

It’s a great way to say thank you to a coach, committee member, official or manager. It’s a simple process that won’t take long, but will make the nominee feel valued as a volunteer.

Nominations close on Friday, 1 April 2016 and can be made online via the Sport and Recreation website: sportandrecreation.nsw.gov.au/volunteeraward or call 6362 6623.

Eat fewer snacks and select healthier alternatives!

Did you know?
- Around 1 in 5 young people in NSW report eating potato crisps or other salty snacks at least four times per week.
- Over a quarter of young people in NSW eat confectionary at least four times per week.
- Most young children eat enough fruit every day, but only about half of children aged 9-15 years have the recommended daily amount.

Healthy snacks help kids and teens refuel
Healthy snacks in between main meals help kids and teens meet their daily nutritional needs.

Snacks based on fruit and vegies, reduced fat dairy products and whole grains are the healthiest choices. It is important to limit snacks that are high in sugar, salt or saturated fats - such as chips, cakes and chocolate - which can cause children to put on excess weight. These ‘extra foods’ should only be offered occasionally.

What makes a healthy snack?
Here are some simple ideas for healthy snacks that you can make at home or add to lunchboxes:

- Fresh, frozen or dried fruit
- Fruit muffins or slices
- Raisin or ‘fruit’ toast
- Reduced fat custard with fruit
- Rice crackers or corn cakes
- Plain popcorn (unbuttered)
- Muesli and fruit bars - look for healthy choices
- Scones or pikelets (plain, fruit or savoury)
- Snack sized tub of reduced fat yoghurt (plain or fruit flavoured)
- Corn on the cob
- A boiled egg
- Reduced fat cheese with wholegrain crackers
- Toasted English muffins - preferably whole meal
REGISTER NOW!

nab
AFL
Auskick

4 COMPLIMENTARY TICKETS to: GWS GIANTS vs HAWTHORN HAWKS AT SPOTLESS STADIUM, SATURDAY APRIL 30th AT 4:30PM

You must register and pay by Friday 26th February to receive the ticket offer.

Auskick Lunchbox Cooler Bag
Includes:
- AFL Sherrin Football
- Footy Cards
- Footy Pump
- AFL Activity Book
... and much more!

Your child will enjoy a safe, fun and coached 4-week program of games and skills development, ideal for boys and girls aged 5-12 for only $45. To register visit www.AFLAUSKICK.com.au and enter your postcode. Ever click on "Parkes PS AFL Auskick Centre - After School" or register in person at the first session. Payment via cash or cheque is also accepted.

For more information contact: Matthew Johnson ph: 0407268643, Email: matthew.johnson@afllswccl.com.au

AFLAUSKICK.COM.AU

Community Noticeboard