Congratulations to our 2016 prefects who were inducted today!

Our 2016 prefects were inducted today in a formal ceremony. Congratulations to the 26 students who will be leading our student body this year: Dokota, Jordan, Jemima, Jade, Maddison, Caitlin, Lucy, Jayden, Paige, Meg, Samantha, Rebecca, Sierra, Kaitlyn, William, Lachlan, Leela, Claudia, Crystal, Jacob, Lily, Brian, Sharna, Georgia, Darcy and Kristin.

Past students who are current boy captains of Parkes High School, Hugh Mackenzie and Lachlan Hoyle addressed the assembly on the importance of taking up leadership opportunities.

At Parkes Public School we have a unique student leadership system where all Year 6 students who meet attitudinal and behavioural criteria have the opportunity to become prefects.

Our prefect system gives opportunity for a large number of Year 6 students to develop their leadership skills rather than just a small number of students which occurs in schools where a small number of students are elected as prefects.

Sporting house captains and Aboriginal Educational Consultative Group (AECG) representatives were also inducted.

The AECG students were voted for by their Aboriginal peers from grades 3-6. The house captains were elected by students from each house.

Our school captains were elected at the end of 2015.

P&C Meeting

Our first meeting of the year will be held on Monday, 15 February at 7.30pm in the staff room. The AGM and monthly meeting will be held on this night.

Our P&C meetings are held on the third Monday of each month excluding school holidays.

We would love to welcome new members. This is a wonderful way to be involved in the school and provides parents with the opportunity to hear about the activities and programs working in the school.

P&C membership is an annual fee of $2.00 per family.

Relieving Assistant Principal

Congratulations to Mrs Shore who has accepted the Relieving Assistant Principal position following the retirement of Mrs Buchanan.
Information Sessions
Information Sessions for each stage will be held over the next few weeks. At these sessions staff outline the various programs that your children will be involved in, the excursions and ways to help at home. This is also a great opportunity to meet and informally chat with your child's teacher. Parent/teacher interviews will also be held this term. The Year 3-6 information session will be held on Monday, 22 February in the Year 6 classrooms.

Media Permission
Please be aware that if you have signed permission for your child's photo/name to be used in local media it may be posted on their Facebook page. If this is an issue please speak to your child's teacher. We only have control over Parkes Public School's Facebook content.

Kindergarten Information Afternoon
Thank you to all the parents who were able to attend. We hope you found it useful. We will be holding interviews in the next few weeks. Best start assessment results will be sent home before interviews.

Band News
Band is now on every Monday from 1.00pm to 2.00pm. Please make sure your child remembers to bring their instrument and music on this day. Please also remind your child to practise their music pieces throughout the week to ensure they are prepared for their lesson. Band members are reminded that they will require a blue display folder for their music and notes.

Mrs Watson

Bus Passes
Bus passes can be bought from Western Road Liners for those who are ineligible for the free subsidy. $50.00 per term or $25.00 per term one way (either morning or afternoon) or students can pay $1.10 per trip (one way) on a daily basis.

Any eligible child going into Year 3 will need to reapply for a bus pass. No other students need reapply.

Breakfast Club
Breakfast Club will begin next week. Students seeking to attend Breakfast Club must have signed permission notes. Permission notes can be collected from the office. Thank you to those who have volunteered to assist in the running of this program.

Student Achievement

CONGRATULATIONS to the following students who gained a:

White Merit Certificate
Billy Cox 1/2A
Tanar Friend 1B
Angus MacGregor 1/2A
Seana Venaglia 1B

K-2 LITERACY AWARDS
The children who received the literacy awards and capes at the Infants Assembly were:

Year 1 Finlay Quince
Matilda Haensch
Holly Lee
Joshua Riley
Ciaran Smiroldo
Gracie-Mae Cummings
Mrs Breaden's Message

My congratulations to the students who participated in the swimming carnival last Friday. It was lovely to watch our talented swimmers gliding through the water. I was extremely impressed with the excellent sportsmanship displayed particularly by those children who entered events and did their absolute best for their house regardless of their swimming ability.

I’d also like to congratulate and thank Mrs Dolbel for her excellent organisation of the carnival and thank you also to the wonderful volunteers who assisted on the day.

It was great to see the number of parents who attended the carnival to support and encourage their children.

It was lovely to welcome kindergarten on their first day last Wednesday.

I have visited all of the kindergarten rooms a number of times and have been impressed with how settled and engaged the children are. This highlights the value of our Preps Program in preparing our children for school.

Lastly I would like to congratulate our student leaders on their induction and commitment to leading our student body in 2016. I am confident that each of you will fulfil your roles competently and I’m sure you will surprise yourselves with the development of your leadership skills.

Have a happy week, everyone!

Mrs Breaden

Value of the Week

Kindness

How do you Practise Kindness?
You practise kindness by noticing when someone or something needs care. Become sensitive to the world around you. Use your imagination to think of things that give others happiness. Find out what habits harm the earth and choose kinder ways to live. When you are tempted to be cruel, to criticise, to tease, decide not to do it. Speak kindly instead. Greet people kindly. Take good care of your pets.

Affirmation
I am considerate of others. I stop and think about how my actions affect them. I do thoughtful things that bring happiness to others.

DATES FOR YOUR DIARY

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Thursday, 11 Feb</td>
<td>Rugby Union/League Trials</td>
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<tr>
<td>Monday, 15 Feb</td>
<td>P&amp;C Meeting at 7.30pm</td>
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<tr>
<td>Thursday, 18 Feb</td>
<td>Rugby Union/League Trials</td>
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<tr>
<td>Friday, 19 Feb</td>
<td>Lachlan Swimming Carnival</td>
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<td>Thursday, 25 Feb</td>
<td>AECG Senior Meeting</td>
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<tr>
<td>Friday, 26 Feb</td>
<td>Lachlan Cricket Trials</td>
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<tr>
<td>Friday, 4 March</td>
<td>Western Swimming Carnival</td>
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<tr>
<td>Friday, 11 March</td>
<td>Just 4 Kids Charity Event</td>
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DON’T FORGET

Book Club - Issue 1
Closes Friday, 12 February

Primary Assembly
Friday, 12 February

P&C Meeting
Monday, 15 February at 7.30pm
OVERVIEW
All NSW primary schools have the opportunity to nominate to participate in inter-school competitions (generally knock-out format) in a wide range of sports.

The Parkes Public School PSSA Sporting Team Policy has been developed to clearly state:
- how teams will be managed
- the process by which students will be selected
- procedures for managing complaints.

This policy has been developed in line with NSW Department of Education and Communities (DEC) guidelines as set down in the ‘Guidelines for the Safe Conduct of Sport and Physical Activity in Schools’.

The guidelines can be located at: www.sports.det.nsw.edu.au/spguide/specont.htm

MANAGEMENT OF TEAMS
All sporting teams representing Parkes Public School will be accompanied by a member of our teaching staff. This person shall be referred to as ‘the teacher-in-charge’. It is a mandatory requirement of DEC that a teacher is responsible for a school team.

If the accompanying teacher holds an appropriate coaching accreditation (or extensive experience), they may elect to fulfil the role of coach. If this is the case then a parent or other member of the community may be approached to act in the capacity of team manager.

However, if the accompanying teacher does not hold appropriate coaching accreditation they will fulfil the role of manager and a member of the community or parent body may be nominated to be the coach.

To ensure that our teams are provided suitably qualified coaches, the school shall advertise through the school newsletter and the local media (if required). The Principal may, in their discretion, approach individuals directly to fulfil coaching roles as the need arises. Advertising for coaches will occur towards the conclusion of each school year.

It should be noted that the involvement of teaching staff with school teams is a voluntary act and not a requirement of their capacity as a teacher.

SELECTION PROCESS
All children 8 years of age, and older, are eligible to trial for selection in PSSA representative teams. In the majority of cases, at least two trials will be conducted to enable all students who wish to be considered to demonstrate their abilities.

An exception to the two trial policy is tennis which will be conducted through a play-off method.

The teacher in charge of the team will generally consult with an accredited coach or local community authority to assist in selecting the most appropriate players.

If the children of differing ages trial for a similar team/position, and both demonstrate similar skill levels, then preference will be given to the child in the older grade.

It must be noted that there are a number of WH&S requirements that the school must comply with in regards to team selection. These safety concerns apply primarily to contact sports such as rugby league and rugby union, however careful consideration should be given when a child may be at risk of injury due to their size or development level.

Before announcing a representative team, the teacher-in-charge will discuss the team selections with the Principal. The Principal has the authority to exclude any student who has not demonstrated appropriate behaviour at school or the Principal believes could bring the school into disrepute.

DISCIPLINARY ISSUES
In the event of a student demonstrating poor behaviour while representing the school, the teacher-in-charge, in consultation with the Principal, may remove the student from the representative team. At anytime that the team is training, travelling, or involved in a match it should be regarded as a period of school representation.

Selected school members who are absent from established training sessions without a valid reason, on more than two occasions, may be excluded from the team by the teacher-in-charge after consultation with the Principal.

Students with two or more referrals (or one or more suspensions) may be excluded from representing the school. Students in this position may be granted permission to represent after an interview with the Principal.

COMPLAINTS PROCEDURES
Parents or students with complaints regarding the procedures set down in this policy should discuss their concerns with the teacher-in-charge or the sport organiser.

If they are not satisfied with the response given, the second level of complaint procedure is to arrange an appointment with the Principal.
Codes of Behaviour

Codes of Behaviour provide a supportive framework which promotes fair play and appropriate behaviour in school sport. These codes apply to players, teachers, coaches, principals, parents, officials and spectators who together provide the environment in which school sport is played. The following codes apply to school sport at all levels and are designed to highlight:

- the principles of enjoyment, satisfaction and safe play in sport
- that students participate for their own sake and not to fulfil the desires of parents, adult groups or peers
- the encouragement of student participation in sport and, in so doing, contribute to higher levels of health and physical fitness.

**Player’s Code**

- Play for the fun of it.
- Play by the rules and always abide by the decisions of officials.
- Control your temper. Make no criticism either by word or gesture. Deliberately distracting or provoking an opponent is not acceptable or permitted in any sport.
- Work equally hard for yourself and your team. Your team’s performance will benefit and so will your own.
- Be willing to train and prepare for the game or competition. Preparation helps prevent injury and increases the level of enjoyment.
- Play only when you are fully fit. To play with injury will handicap your team, and may expose you to the risk of further and more serious injury.
- Be a good sport. Applaud the good play of your team mates and that of your opponents.
- At all times cooperate with your coach, team mates and opponents, for without them you do not have a competition.
- Remember the goals of the game are to have fun and improve your skills. Be modest in success and generous in defeat.

**Spectator’s Code**

- Students play organised sport for their own enjoyment. They are not playing to specifically entertain you.
- Always respect the decisions of officials.
- Never encourage physical or verbal abuse of players, coaches, officials or other spectators.
- Applaud good play by your own team and that of the opposing team.
- Show respect for your opponents. Without them there would be no game.
- Never ridicule a player for making a mistake or losing a competition.
- Encourage players to always play according to the rules.

**Parents’ Code**

- Encourage your child to always play by the rules.
- If children are interested in sport, encourage them to participate. Refrain from forcing an unwilling child to participate.
- Remember that children participate in organised school sports for their enjoyment and fulfilment, not yours.
- Teach your child that honest effort is as important as winning so that the result of each game is accepted without undue disappointment.
- Encourage your child to work towards skill improvement. Never ridicule your child for making a mistake or losing a competition.
- Always encourage the principle of good sportsmanship.
- Children learn best by example. Applaud good play by all individuals and all teams.
- Do not publicly question the officials’ judgement and never their honesty.
- Appreciate the contribution and commitment of teachers in coaching positions. They give their time and resources to provide sporting activities for your child and deserve your support.
- Have realistic expectations for your child and her or his team. Do not expect more than they can give.
- Support all efforts to remove verbal and physical abuse from sporting activities. Condemn the use of violence in any form.
Congratulations to our swimmers for their wonderful participation in the swimming carnival last Friday!
Many thanks to Mrs Dolbel for organising a great carnival!

Around 100 students participated in our school swimming carnival last Friday. It was wonderful to see children cheering on swimmers in their respective houses. Thank you to all the wonderful parents who helped time-keep during the day.

Children who came first and second and received blue or red ribbons at the carnival will be attending the Lachlan Carnival in Condobolin in two weeks on Friday, 19 February.

Trophies and medallions will be handed out at the primary assembly this Friday, 12 February at 2.00pm to age, senior and junior champions. Bennett and Burch cups will also be presented to the fastest female and male swimmers in the school.

Mrs Dolbel

Parkes Public School Swimming Squad 2016

Congratulations to the following students who will be swimming at Condobolin on Friday, 19 February at the Lachlan Swimming Carnival:

Permission notes and information about the carnival will be sent home this week.

Lachlan Tennis Trials

On Monday, 8 February the Lachlan Tennis Trials were held at Parkes town tennis courts. 28 children were in attendance, 13 girls and 15 boys from seven schools in the Lachlan area.

Joseph Tanswell, Gabriel Goodrick, Kaid Lydford, Maddison McCormick, Molly Kennedy, Zoe Anderson, Emily Neems and Brooke Pinkstone were all invited to attend. Children played in pools of four or five. After the first round six boys and six girls progressed to the finals where four girls and four boys were named as members of the Lachlan Team to trial for the Western Tennis Team.

Congratulations to Joseph Tanswell and Maddison McCormick for being named in the Lachlan squad and to Molly Kennedy who was also named as reserve for the team.

Rugby Union and Rugby League Squad Trials

The first try-out for this year’s Rugby League/Union squad will be held this Thursday, 11 February on the Infants grass area. The session will begin at 3.30pm and conclude at 4.30pm. Students wishing to try-out will need to bring mouthguards and headgear as there will be some contact drills. The second try-out will be held next week, on Thursday, 18 February again from 3.30pm to 4.30pm. For any further enquiries, please contact Mr Smith or Mr Roberts.
Out of the Dark - A Family Violence Support Program for Women

Have you experienced family violence?

Out of the Dark is a FREE six-week program for women who have experienced family violence (including emotional, sexual, social, religious, physical, or financial abuse).

This program aims to help women better understand family violence, make informed choices and regain control of their lives.

You’ll learn about:
- Types of family violence
- Myths and facts about family violence
- Power and control in abusive relationships
- The cycle of violence
- AVOs and safety planning
- Recognising healthy relationships and the warning signs for unhealthy relationships
- The impacts of family violence on children.

Session Details:
Dates: Each Wednesday for six weeks from Wednesday, 10 February until Wednesday, 16 March
Time: 10.30am-2.30pm
Morning tea and lunch provided
Venue: Carewest, Cowra - Shop 6, 119 Kendal Street Cowra.

Registration:
Contact Kayla Palmer, Cowra and Young Family Connections Coordinator on 0400 808 920, 6391 2400 or email kayla.palmer@cw.org.au
For more information contact us on 1300 227 393 (Group Facilitator Sophie Heald)

The Great Host Family Hunt is on Again!

World Education Program (WEP) Australia, a registered, non-profit student exchange organisation is looking for volunteer families who would like to host a 15 to 18-year-old girl or boy.

Our students come from countries such as Italy, France, Belgium, Finland and Chile and are arriving in July 2016. They are looking forward to living and learning about Australia and enjoying our famous Australian hospitality and lifestyle.

Without the generosity of families around the world, student exchange could not exist. Experiencing a foreign language and culture in your own home is the next best thing to living overseas.

To request a free information pack for your family, contact WEP on 1300 884 733, info@wep.org.au or go to www.wep.org.au

World Education Program Australia Limited - WEP Australia ABN 82 098 289 897. A non-profit student exchange organisation registered/approved by the education authorities in New South Wales, Queensland and Victoria.
Physical Culture (PHYSIE) has started again!

Physical culture is a great sport for your daughter to participate in. PHYSIE helps to build confidence and poise but that’s not all...

PHYSIE also develops good posture, strength, fitness, flexibility, musical awareness, co-ordination and balance through a regular program of exercise and dance. It is also very social and your daughter will make great friends.

The syllabus, which is changed every year, is performed to modern music and comprises standing and floor exercises, aerobic warm ups, basic ballet and modern dance. Teachers this year are Mrs Amy Thornberry, Ms Heidi Ehsman and Ms Jessie Weekes.

If your daughter is in preschool or older she can start physie. Simply come to Parkes Public School Hall on Tuesdays and pick up a registration form. Classes run from 4.00-4.30pm (Preschool); 4.30-5.15pm (5/6 years); 5.15-6.00pm (7/8 years); 6.00-6.45pm (9-12 years); 6.45-7.30pm (13 to first year seniors) and 7.30-8.15pm (ladies).

Call Amy Thornberry 0409 632 008 for further information or check us out on Facebook: search for Parkes Physical Culture.

Parkes Marist Junior Rugby League
2016 Registration Day

New players are welcome!

Must bring a copy of their birth certificate.

Registration fee $90.00

Registration will be held at the Cambridge Hotel on Saturday, 27 February between 11.00am and 2.00pm.

Players can also register online at: www.reg.sportingpulse.com.au