MISSION STATEMENT

Parkes Public School strives for excellence in the education of responsible and respectful students in a safe learning community.

CONTACT US

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Mrs Leanne Breaden
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P&C ASSOCIATION

President
Denis Howard: 0457 033 024

Secretary
Keri MacGregor: 6863 1155

Treasurer
Vivienne King: 6863 5168

SCHOOL COUNCIL

President
David Bicket: 6862 3608

Congratulations to Maely MacGregor and Mitchell Cox on achieving School Merit Badges!

Primary Assemblies will be held on even weeks during Terms 3 and 4.

EDUCATION WEEK will be celebrated next week. Open classrooms will be held on Tuesday, 28 July from 11.30am until 12.15pm for the Infants classes and from 12.15pm until 1.00pm for Years 3 to 6.

During open classrooms parents may visit their children in the classroom and look at their work.

On Wednesday, 29 July we will hold a whole school assembly at 11.45am followed by a picnic lunch in the playgrounds from 12.45pm until 1.15pm in the Infants and 12.45pm until 1.30pm in the Primary. The school band, choir and African drumming group will perform. Parents are invited to the assembly.

At 1.15pm the Infants students will participate in the annual Jump Rope for Heart event. Parents are very welcome to stay and watch.

Mrs Dolbel and Mrs Earsman will be running parent sessions in the library about our new library system, Oliver, (which children can access at home) on Tuesday, 28 July at 12.30pm and 1.10pm.

HPLC GARAGE SALE

The garage sales at the four HPLC schools will be held this Saturday, 25 July starting at 8.30am. We have a variety of cupboards, desks, chairs, doors, a toilet and other bits and pieces to sell. A piano and kiln will also be on sale.

Parents are invited to bring their own wares to sell and are asked to give a $10.00 donation to our school. Parents must man their own stall and remove all unsold goods at the end of the sale.

Our P&C will also be holding a cake stall at the garage sale. We would be grateful for donations of cakes. Please list ingredients used in cakes and attach to cake wrapping. Cakes can be left in the staff room or canteen on Friday or dropped off at 8.00am on Saturday morning.

We will gladly accept help from any parents on Saturday morning, particularly men!

All funds raised will go towards the upgrading of technology in our school.

MUSICA VIVA CONCERT - The World According to James was held this morning. It was an excellent concert and the students thoroughly enjoyed the performance!
Peer Support
A new form of Peer Support commenced yesterday and will continue until the end of term. All students in the school will be part of Peer Support. The children have been divided into groups of around 10 with children from Kindergarten to Year 5 in every group. Each group has an animal name. Two Year 6 students are the leaders of each group. Each week the students will take part in activities designed around friendship. Year 6 students will lead all activities however, there will be a teacher present with every group. The children will be in the same group each week with the same leaders.

Last Tuesday and Wednesday Year 6 undertook Peer Support training. Over the two days they developed skills and understandings related to verbal and non-verbal communication, active listening, showing empathy, assertiveness and facilitation of groups.

Peer Support gives Year 6 students the opportunity to develop leadership skills and the younger children love participating in activities led by their peers.

Our first session enabled the children to get to know everyone in their group. They agreed on how they will work together and interact cooperatively with others. They also began to think about the meaning of friendship.

We encourage you to talk to your children about Peer Support every week as it will help to reinforce the concepts learned in each session.

Computer Technology Survey
A Computer Technology Survey will be sent home this week which we would greatly appreciate you completing and returning by Friday, 24 July.

The upgrading of technology in our school is part of our 2015-2017 school plan.

We would value the input of our parents into our technology update. By completing the survey you will give us vital information to assist us with decision making that best meets the needs of all students.

The survey can also be completed on-line at: https://www.surveymonkey.com/r/ict4parents

Debating Team
Good luck to our Debating Team of Gracie Jones, Holly McColl, Libby Hoyle and Katie Dunford. On Friday the team will debate Wellington Public School on the topic ‘Computers should be used instead of books’. Parents are welcome to attend the debate which will commence at 11.45am in our hall.

Uniform Shop News
Beanies, navy in colour, with the school emblem on them will soon be available from the uniform shop for $8.00. Mrs Whitaker is taking pre-orders.

Lost Property
The infants’ lost property, located in the office foyer, is overflowing. If your child has misplaced or lost an item, please call in and check. All unclaimed items will be taken to the op shop at the end of this week!!

Sue Larkey Workshop Coming up in Orange!!
Sue Larkey is an outstanding educator of Children on the Autism spectrum. She is running a course in Orange on Monday, 10 August from 9.30am until 3.00pm. The course is open to anyone. A special rate is available to parents of children with ASD. Register online at www.suelarkey.com

Private Vehicle Conveyance (PVC) Subsidy Running Late
Transport subsidy payments for out of town students will be delayed a few weeks due to NSW Transport computer glitches!
I will be taking leave from next Monday, 27 July and will return to school on Wednesday, 12 August. During my leave I will be travelling to East Timor where I will undertake some work with a missionary team. I will be visiting Kids Ark, the school and orphanage that our school sponsors as well as assisting families in the village of Weberek.

In my absence, Mr Smith will be relieving as Principal. Mrs Woolstencroft will teach 6S during this time.

This week I am including some information from Michael Grose, ‘Don’t yell, move closer’.

As a busy parent it’s easy to give your voice a work out when you don’t get the cooperation you want from your children.

You know how it goes.

You want your son or daughter to give you some help and they don’t respond.

Perhaps, you want a child to stop annoying his or her sibling. Or you simply want your kids to quieten down inside.

Perhaps your request for cooperation is ignored.

So you do what over 90% of parents do. That is, you repeat yourself. Then if that’s still ignored you raise the volume.

‘I’ll yell at them. That should work!’

Hmm, I’m not so sure. Usually yelling only succeeds in producing parent-deaf kids.

If yelling, shouting or raising your voice is a habit you’ve developed to get cooperation then here’s a great strategy to use instead.

Next time your kids ignore a reasonable request move close to them and quietly repeat your request once.

No aggression, just expectation.

It means you may need to stop what you are doing. So be it.

Proximity is a powerful influencer. Great teachers know this. That’s why they move around in class so much: to teach and also to manage.

So save your voice for conversation, encouragement and affection.

Use your body effectively to manage kids.

The key, of course, is to do it.

My challenge for you is to bite your tongue when you want to yell. Take a deep breath (as the Mood Meter teaches you) and move into your child’s proximity. Don’t stare him down. Just be close to him or her.

Keep doing it and the cooperation levels you get from your kids will increase astronomically over time.

But you’ve got to do it.

In future don’t yell, move closer.

My congratulations to Jordan Moody who competed at the State Cross Country Carnival last Friday! Jordan finished her race in high spirits, determined to improve on her results in 2016.

Great run, Jordan in very trying conditions!

Have a great week everyone!

Kind regards

Mrs Breaden

**DON’T FORGET**

**Book Fair**
Thursday, 23 July
$5.00 a book!! $5.00 a book!!

**HPLC Garage Sale**
Saturday, 25 July

**Winter Sport**
$9.00 payment for buses due!
Please pay as soon as possible if you have not yet done so.

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**DATES FOR YOUR DIARY**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Wednesday, 22 July</td>
<td>Placement Test for Year 4 Students applying for an Opportunity Class</td>
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<tr>
<td>Thursday, 23 July</td>
<td>One Day Book Fair</td>
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<tr>
<td>Saturday, 25 July</td>
<td>HPLC Garage Sale</td>
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<tr>
<td>Tuesday, 28 July</td>
<td>ICAS English Competition</td>
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<td>Tuesday, 11 August</td>
<td>Year 6 Canberra Excursion Departs</td>
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<tr>
<td>Thursday, 13 August</td>
<td>Canberra Excursion Returns</td>
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<tr>
<td>Saturday, 12 September</td>
<td>Market Day</td>
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<td>Friday, 18 September</td>
<td>Last Day of Term 3</td>
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The children who received the literacy awards and capes at the Infants Assembly were:

**Kindergarten**
- Tanar Friend
- Katie Cornelissen

**Year 1**
- Rhys Thompson
- Emma King

**Year 2**
- Ewan Moody
- Abigail McDonald

**K-2 LITERACY AWARDS**

**White Merit Certificate**
- Koby Wirth 6B
- Timmy Reid 6B
- Savannah Ross 3W
- Luka Parkin 2E

**Badges**
- Maely MacGregor 3/4S
- Mitchell Cox 6S

**CONGRATULATIONS** to the following students who have gone up a level on the PBL Commendation System:

- Charlie Strickland
- Charlie Cox
- Kye Herft
- Jazmen Terrill
- Kaitlyn Neems
- Nathaniel Kelly
- Wilson Duffy
- Braith O’Malley
- Alec Tait
- Sharna Ross
- Dakota Bourke
- Malachi Walker
- Rebecca Kearney
- Jordan Moody
- Isabelle Smith
- Holly MacGregor
- Jake Barnes
- William Longhurst

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**Value of the Week**

**CARING**

**How Do You Practise It?**

You care for others when you show love and concern by doing kind things for them, ask them how they are and what they think. When they are sad, ask “How can I help?” You handle things with control and gentleness. You give your best to everything you do. When you take care of yourself, you treat your body with respect. You keep yourself clean and healthy. You take care of your needs.

**Affirmation**

I care for others and myself. I pay loving attention to the needs of people and animals. I give my best to every job.
**Students of the Week**

**Name:** Melissa McCreadie  
**Age:** 12  
**Class:** 6B  
**Teacher:** Mrs Buchanan  
**Teacher comments:** Melissa is a very good student as she consistently strives to do her best. She listens well to improve and practise skills. Melissa participates keenly in all school activities.  
**Favourite activities:** Dancing, singing, reading and drawing.  
**What career interests you?** I would like to be a hairdresser and I would like to learn how to do my own hair. That is why I want to be a hairdresser.

**Name:** Ryan Evans  
**Age:** 12  
**Class:** 6B  
**Teacher:** Mrs Buchanan  
**Teacher comments:** Ryan is very quickly settling into his new school as he is a friendly and happy student. Ryan is working very well in class and striving to achieve his best.  
**Favourite activities:** Playing sport and my DS.  
**What career interests you?** I would like to be a doctor to fix my grandma’s leg.

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**Book Fair**

**Books! Books!! Books!!!**

Our school library will be holding a one day only book fair in the library this Thursday, 23 July from 8.00am until 6.00pm.  

Every brand new book at the fair will be on sale for the bargain price of only $5.00!! As every book will be on sale for just $5.00, we will not be able to re-order any books. Only books available on the day will be for sale.  

Families can also choose from a selection of brand new books to donate to the library, also for $5.00. A book plate will be fixed inside the book acknowledging the student/family who made the donation. Students will also be the first to borrow their donated book. This is a great way for students to leave a lasting memento of their time at Parkes Public School.  

Please come and support the library as all money raised will go towards purchasing resources for the library and classrooms.
**Tennis Team**

On Monday, 22 June the Parkes Public School Tennis Team travelled to the Orange Indoor Centre to play two rounds of the Victor Kelly Tennis Knockout competition.

The team started the day playing against Eglington Public School for the Western Region semi final match. The singles matches were extremely tough with Holly, Abbey and Mitchell all gaining good wins to start the day. Michael and Mitchell teamed up in the doubles with some excellent ground strokes and great team work. Holly and Abbey were unstoppable in their game, covering the court well at the net to back up their consistent serving. The team sealed their victory in the mixed doubles with everyone coming away winners. This win allowed our team to progress to the afternoon match against Dubbo South to play for the title of Western Region Champions.

Dubbo South had also played earlier that morning against Cudgegong Valley Public School and came away with a solid win too. However, the Parkes Public School team was on a roll and took Dubbo South by surprise winning 3 of the 4 singles and convincingly taking both doubles matches too. Dubbo South conceded the loss and chose not to continue any further by playing the mixed games.

The team: Mitchell Cox, Michael Riley, Abbey Kennedy and Holly McColl, all showed tremendous sportsmanship during the day and consequently are the Western Region Champions for 2015.

*Mrs Dolbel, Manager*

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**PSSA Girls’ Netball**

Netball training will be on Thursday, 23 July from 3.30pm to 4.45pm at the McGlynn Courts. Please see me if you’re unable to attend!

The girls will play in Orange for the NSW Schools’ Cup on Tuesday, 28 July (Week 3). A permission note will be sent home as soon as details for the day are received.

*Thank you, Miss Bowkett*

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**PSSA Girls’ Soccer Training**

Girls’ soccer training will resume Wednesday, 22 July at 4.30pm. Please make sure you try your very best to be there as we play in Mudgee on Friday, 7 August.

*Mrs Watson*

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**Rugby League - Richardson Cup Final**

During the last week of Term 2 the Year 3/4 football team competed in the finals of the Richardson Cup in Dubbo.

The boys came up against some very tough competition. With some teams having players twice their size the battle was on, but the boys gave it their all and played some great footy!

The team played three games. The first game against Coolah was a 4 all draw with tries to Kaid (2) and Ashton (2).

The second game we played Blayney. This was a hard game and the team went down 7-1. Kaid was our lone try scorer.

In our third game we played Mulyan. This was a good game with teams going try for try. Mulyan scored in the last few minutes of the game to win 5-4. Try scorers were Harmih (2), Liam and Kaid with one each.

Throughout the day announcements were being made thanking Penrith Panthers for their donation of 20 jerseys to players of the day. These players accumulated points throughout the games played in Orange and Dubbo from votes by the referees. Unfortunately our team had left only to receive a phone call later in the afternoon to find out Kaid Lydford had been awarded a jersey.

The team would like to thank Mr Roberts for his hard work in coaching the team and the parents for their support in transporting and cheering them on at the games.

*Kaid Lydford with his jersey!*
Our Jump Rope for Heart, ‘Jump Off Day’, for K-2 students will be Wednesday, 29 July, starting at 1.15pm and finishing at 3.00pm.

Parents are invited to have a picnic lunch with the students at 12.45pm and stay for the ‘Jump Off’.

Your child has received a sponsorship form for this year’s Jump Rope For Heart. We encourage all students to get as much sponsorship as they can, through family, friends, neighbours, relatives and workmates etc. We are very aware of stranger danger so please do not allow your children to go door knocking for sponsors!

The prizes available are detailed on the sheet, so please read it, and start collecting!

Sponsorship is easy - simply go online to www.heartfoundation.org.au/jumprope, click on the green ‘Kids Join Now’ button, and register your child today!

A secure fundraising page will be created as soon as you register; all you need to do then is click the ‘Email Sponsors’ link to send your family and friends an email asking them for their support… It's that easy!

This is an easy, safe way for your child to monitor their progress, receive bonus prizes and even receive sponsorship from family and friends who are further afield.

However, if you don’t have this access completed sponsor forms with money may be given to your child’s teacher, or at the office, on Wednesday, 29 July, or during the following weeks. The last day for collection will be Friday, 14 August.

Remember, the more money you raise, the more money that goes to the Heart Foundation for vital research into heart disease. And … the more prizes your child receives!!

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**Canteen News**

**CAIITEEN HELPERS NEEDED AT LACHLAN ATHLETICS CARNIVAL**

We desperately need helpers to assist in the canteen at the Lachlan Athletics Carnival next Friday, 31 July. If you are able to help, please contact Nicole in the canteen.

**EDUCATION WEEK PICNIC LUNCH**

**SAUSAGE SANDWICH ORDER**

Next Wednesday, 29 July, parents are invited to have lunch with their children. Sausage sandwiches will be available from the canteen but they must be **pre-ordered by this Friday, 24 July**. Complete order form and place in an envelope with money. Clearly mark the envelope ‘sausage sandwich’.

One sausage in one piece of bread for $1.00. No extra for sauce.

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Eat more fruit and vegetables!!

Did you know?
- 56% of primary and 80% of secondary school students do not eat the recommended daily amount of vegetables.
- Research shows that watching a lot of TV is associated with children and teenagers drinking more soft drink and not eating enough fruit and vegetables.
- Fruit and vegetables are a great source of vitamins, minerals and dietary fibre.
- Eating fruit and vegetables every day helps children and teenagers grow and develop, boosts their vitality and can reduce the risk of many chronic diseases - such as heart disease, high blood pressure, some forms of cancer and being overweight or obese.

How to help kids and teens eat more fruit and vegies
Eating more fruit and vegies every day can sometimes be a struggle. However, research shows that we’re more likely to do so if they’re available and ready to eat.

Children may need to try new fruits and vegies up to 10 times before they accept them. So stay patient and keep offering them. It can also help to prepare and serve them in different and creative ways.

Community Noticeboard

St George’s Anglican Church

TERM 3 in 2015

TUESDAY
Little Acorns: 10am - 12pm
(Upper Hall)
Toy Library: 3.30pm - 6.30pm
(Lower Hall)

FRIDAY
(Kid’s Club: 4 - 5.30pm
($2 - includes afternoon tea)
Youth Discipleship: 6 - 7pm
(Incl Confirmation Preparation)
Youth Group: 7 - 8.30pm
($2 - includes supper)

RESUMING FRIDAY, 24 JULY 2015

Confirmation sessions will be held as part of youth activities between 6 - 8.30pm on Fridays in the Hall. For further information, contact the Parish Office on 6862 1868 (9am - 12pm, Tuesday - Friday)

For updated information on services and activities contact us at:
Cnr Hill & Church Streets, PARKES 6862 1868 (office) OR 6862 2033 (rectory)
www.stgeorgeparkes.wordpress.com
or Anglican Parish of Parkes on Facebook

SERVICE TIMES
PARKES
Saturday 5:00pm
Sunday 7:30am
& 9:30am (Family Service)
Sunday School in recess during School Holidays
Wednesday 10:00am

PEAK HILL
Sunday 9:00am